

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Our Food



Our food has Food for Life accreditation showing that:


- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and fat

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.

Week: 1
Date: 26th February, 18th March, 22nd April, 13th May,
10th June, 1st July, 22nd July

Asterdale

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.



Monday

Tuesday

Wednesday

Thursday

Friday

Sausage.
Mashed Potatoes.
Baked Beans

Veggie Sausage.
Mashed Potatoes.
Baked Beans

Cheese Snack
Mashed Potatoes.
Baked Beans

Cheese Sub Roll with
Salad

Chocolate Sponge &
Chocolate Custard

Fresh Fruit Salad

Ham Pizza.
Diced Potatoes
Carrot Sticks or
Sweetcorn

Cheese & Tomato
Pizza. Diced Potatoes
Carrot Sticks or
Sweetcorn

Tomato & Basil Pasta
with Baguette Slice &
Salad

Tuna Mayo Sandwich
with Salad

Shortbread Cookie

Fresh Fruit Salad

Roast Chicken &
Stuffing with gravy
New Potatoes
Vegetable Medley

Quorn Roast & Stuffing
with gravy
New Potatoes
Vegetable Medley

Cheese & Tomato
Panini with Salad

Egg Mayonnaise
Sandwich with Salad

Ice Cream with Fruit

Fresh Fruit Salad

Beef Spaghetti
Bolognese with
Baguette Slice &
Seasonal Vegetables

Veggie Spaghetti
Bolognese with
Baguette Slice &
Seasonal Vegetables

Jacket Potato with
Tuna & Salad

Cheese Sandwich with
Salad

Flapjack with Raisins
Milk

Fresh Fruit Salad

Fish Fingers with
Oven Chips and
Seasonal Vegetables

Veggie Fajita Wrap
with Oven Chips and
Seasonal Vegetables

Jacket Potato served
with Cheese & Salad

Ham Sandwich with
Salad

Chocolate Shortbread
Slice with Milk

Fresh Fruit Salad




Main

Dessert



Week: 2
Date: 4th March, 25th March, 29th April, 20th May,
17th June, 8th July

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Asterdale

Monday

Tuesday

Wednesday

Thursday

Friday

Beef Cottage Pie served with Gravy and Seasonal Vegetables

BBQ Chicken with ½ Jacket Potato & Seasonal Vegetables

Roast Beef & Yorkshire Pudding & Gravy Mashed Potatoes, Vegetable Medley

Homemade Sausage Roll served with New Potatoes & Baked Beans

Fish Portion Oven Chips with Seasonal Vegetables

Macaroni Cheese served with Baguette Slice & Seasonal Vegetables

Cheese & Tomato Pizza, ½ Jacket Potato Sweetcorn Cob or Seasonal Vegetables

Quorn Roast & Gravy Yorkshire Pudding with Mashed Potatoes Vegetable Medley

Veggie Sausage with New Potatoes & Baked Beans

Veggie Balls served with Oven Chips, Gravy & Seasonal Vegetables

Jacket Potato served with Tuna Mayo & Salad

Tomato & Basil Pasta served with Baguette Slice & Seasonal Vegetables

Cheese & Tomato Panini served with Salad

Jacket Potato served with Baked Beans & Cheese

Jacket Potato served with Cheese & Salad

Cheese Spread Sandwich with Salad

Egg Mayonnaise Sandwich with Salad

Cheese Sandwich with Salad

Ham Sandwich with Salad

Cheese Spread Sandwich with Salad

Oaty Cookie

Jelly & Fruit

Marble Cake

Apple Crumble Muffin Milk/Custard

Chocolate Brownie

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad




Main

Dessert



Week: 3
Date: 11th March, 15th April, 6th May,
3rd June, 24th June, 15th July

Asterdale

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

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Main

Dessert

Monday

Pork Sausage & Bean Casserole with New /Mash Potatoes & Seasonal Vegetables

Cheese Flan served with New Potatoes & Seasonal Vegetables

Tomato & Basil Pasta served with Baquette Slice & Salad

Ham Sandwich with Salad

Jam Crumble Bar

Fresh Fruit Salad

Tuesday

Ham Pizza, Diced Potatoes & Baked Beans

Cheese & Tomato Pizza, Diced Potatoes & Baked Beans

Jacket Potato with Baked Beans & Cheese

Tuna Mayo Sandwich with Salad

Sticky Toffee Pudding & Custard

Fresh Fruit Salad

Wednesday

Roast Pork Stuffing & Gravy Mashed Potatoes Vegetable Medley

Quorn Roast Stuffing & Gravy Mashed Potatoes Vegetable Medley

Cheese & Tomato Panini served with Salad

Egg Mayonnaise Sandwich with Salad

Angel Delight with Fruit

Fresh Fruit Salad

Thursday

Chicken Kebab with Couscous, Flatbread, Yoghurt Dip & Seasonal Vegetables

Quorn Kebab with Couscous, Flatbread, Yoghurt Dip & Seasonal Vegetables

Tomato & Basil Pasta served with Baquette Slice & Salad

Cheese Spread Sandwich with Salad

Lemon Drizzle Cake

Fresh Fruit Salad

Friday

Fish Pie with Seasonal Vegetables

Veggie Sausage Oven Chips Seasonal Vegetables

Jacket Potato with Cheese & Salad

Cheese Sandwich with Salad

Chocolate Orange Cookie

Fresh Fruit Salad

